

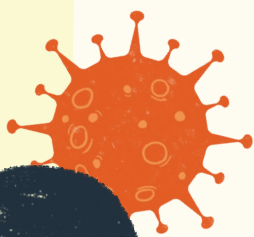
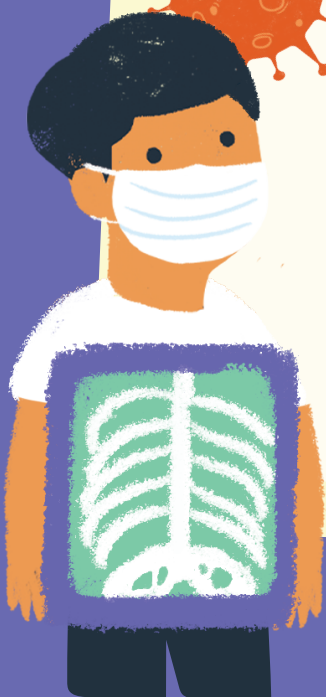


**Doing the  
Right Thing!**  
(in these COVID-19 times)

**Activity Kit for Schools**

An educational resource for the refreshed Bowyer Museum  
Gallery at Singapore General Hospital (SGH) marking  
200 years of Medicine in Singapore

NAME:



# Part 1

## Infections Investigations

In the course of Singapore's history, deadly viruses have taken their toll on the country. From the Spanish Flu to SARS and COVID-19, watch the video: <https://bit.ly/3pQetyV> to find out what some of these viruses were!

1. What were some infections in Singapore's history? (State 3 infections and the year they occurred.)

Name of infection:

Year it occurred:

Name of infection:

Year it occurred:

Name of infection:

Year it occurred:

2.

Major infections can change the way we go about our daily activities. Think about the recent COVID-19 pandemic and state how your life was affected by filling up the speech bubbles.



CCA

Family

Habits

School

Leisure

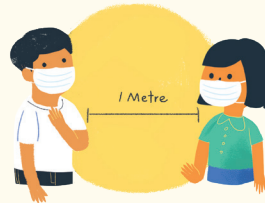
3. What can YOU do to prevent the spread of infections? (Match the image to the correct answer.)



Wash your hands with soap frequently!



Vaccination!



Wearing masks!



One metre distancing!

What else can you do to help others? Give two suggestions to help support your family or friends in the fight against the virus! (Tip: Make this a Better World, Let Singapore Emerge Stronger)

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# Part 2

## Do Your Part in the Community

A pandemic, which is a world-wide spread of a disease, can start from a virus or bacteria and we all have a part to play in preventing their spread. Do you know what to do in the following situations?

1. During a lesson in class, you suddenly feel unwell and are feeling feverish. What should you do? (Tick the correct answer.)



Inform your teacher



Continue with lessons as schoolwork is important

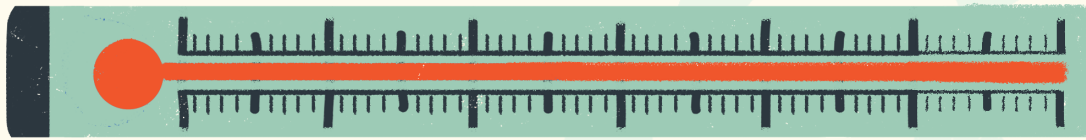


Wait to see if you feel better



Go to the toilet and wash your face

2. Which of these temperatures will not allow you into a mall? (Tick the correct temperature.)



37.3°C



37.4°C



37.5°C



38.7°C



3. Your family visits the shopping mall for a meal and realises that there's a large crowd at the entrance to the mall. Do you... (Draw a smiley face on the correct actions to do and a sad face on the wrong actions.)



Keep one metre away and join the queue to go in



Inform the authorities



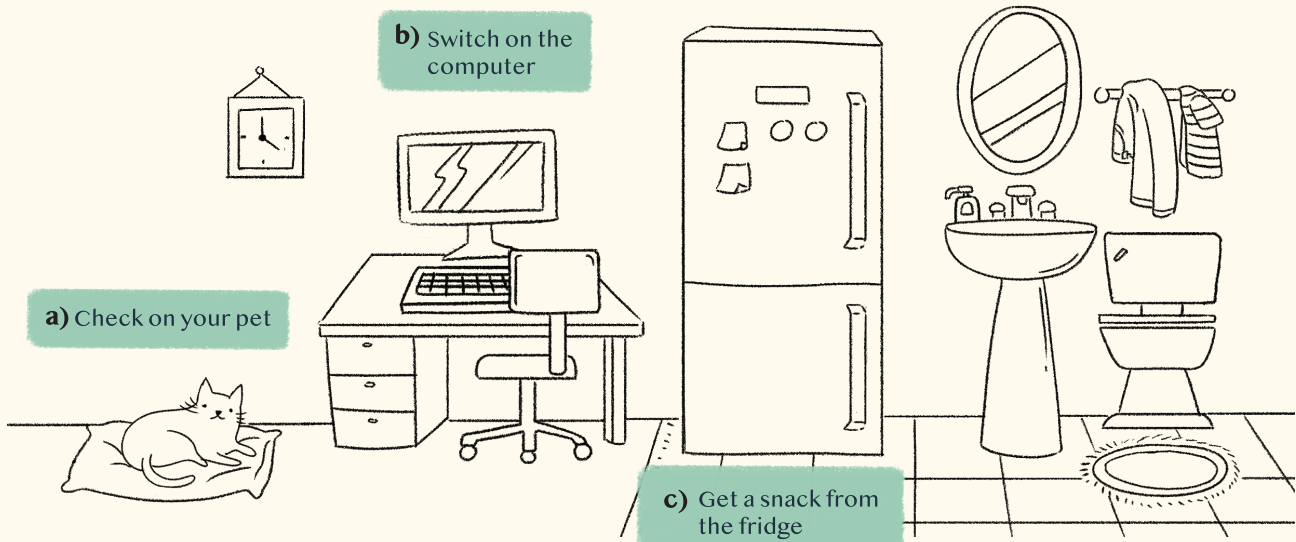
Find the fastest way to get to a restaurant in the mall with no queue



Leave the mall and go somewhere less crowded

4. After a day out at the mall, you come home and decide to take a rest. Do you... (Colour the correct option.)

d) Wash your hands with soap and take a shower before changing into clean clothes



# Part 3

## Create Your Own Medical Kit!

Doctors and nurses use various instruments for different purposes! You may have seen them when you visit the doctor. Do you know what some of these instruments are?

Paste the cut-outs at the space below to complete your medical kit and write down what each instrument is used for.



### Thermometer

Used for:



### Blood Pressure Monitor

Used for:



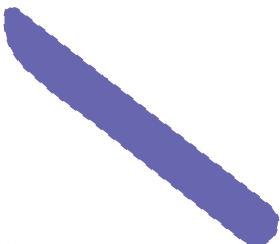
### Stethoscope

Used for:



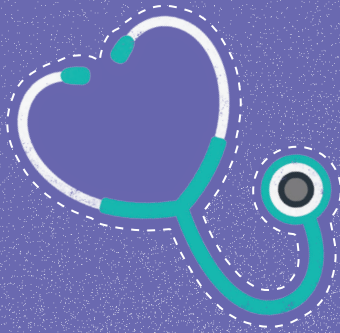
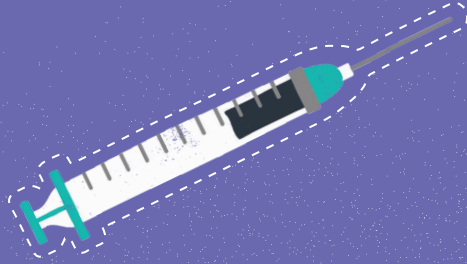
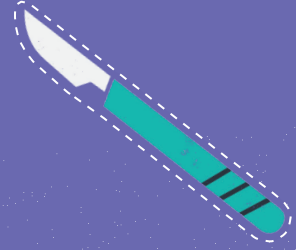
### Syringe

Used for:



### Scalpel

Used for:



# Part 4

## All About Health!

Try this crossword puzzle and see if you can guess all the words correctly!



### Across

3. A trained person to care for ill and sick patients.
4. This block in the Singapore General Hospital was gazetted as a National Monument in 2009.
7. An infectious water-borne disease that was prevalent in the 19th and 20th century in Singapore. Its symptoms include severe watery diarrhoea, which can lead to dehydration and even death if untreated.
9. Singapore imposed a \_\_\_\_\_-breaker during the COVID-19 pandemic where people had to stay-home to reduce transmission of the virus.
10. A substance that helps protect against certain diseases.

### Down

1. A world-wide spread of a disease which affects a large number of people.
2. A common imaging test that can help your doctor view the inside of the body.
5. The Singapore General Hospital is the \_\_\_\_\_ hospital in Singapore.
6. A big building with healthcare facilities and medical staff.
8. Tiny micro-particles that cause disease in people, animals, and plants.

# Singapore General Hospital: Saving Lives in the Course of Singapore's History

The Bowyer Block in the Singapore General Hospital (SGH) was gazetted as a National Monument in 2009 to recognise its contributions to public healthcare in Singapore. Over almost 200 years, healthcare workers have dedicated themselves to serving victims of tragedies that took place in Singapore's history. Fill in the blanks below to find out which were some of these events.

## News Headlines

### 1. B \_ \_ \_ \_ H \_ S \_ \_ \_ fire in 1961

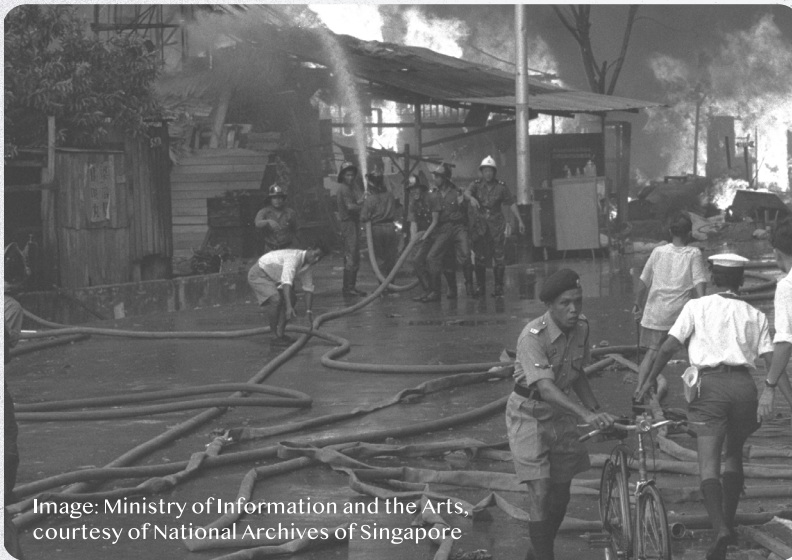


Image: Ministry of Information and the Arts, courtesy of National Archives of Singapore

The fire occurred on 25 May 1961 over the Hari Raya public holiday. It destroyed 100 acres of attap houses, factories, shops, timber yards and even a school. It caused some 16,000 kampong dwellers to be homeless and four died. The Singapore General Hospital treated more than 200 cases in the first six hours!

### 2. Spyros Oil T \_ \_ \_ \_ E \_ \_ \_ \_ \_ in 1978



Image: Ministry of Health Collection, courtesy of National Archives of Singapore

The Spyros disaster was a major industrial disaster that occurred in Singapore on 12 October 1978, where the Greek oil tanker Spyros exploded at Jurong Shipyard, killing 76 people and injuring 69 others. As a result of this incident, the Burns Unit was developed at SGH to treat burns victims.

### 3. Collapse of Hotel N \_ \_ W \_ \_ \_ in 1986



Image: Ministry of Information and the Arts, courtesy of National Archives of Singapore

The hotel collapsed on 15 March 1986 and was considered one of the worst disasters in post-war Singapore. 33 people died and 17 were rescued from the rubble. The helipad atop Block 1 at SGH was instrumental in aiding the transfer of victims quickly from the accident site to the hospital.



## About the SGH Museum

The Museum highlights the origins of medicine in Singapore and how SGH has evolved to meet the needs of Singaporeans for the last 200 years. Find out more about how it developed its Accident and Emergency Department, how it dealt with past epidemics and pandemics, as well as how Nursing started in Singapore, with convicts serving these functions in the early days.

SGH Museum, housed in Bowyer Block, is open to public visits for free. For school visits, please email [museum@sgh.com.sg](mailto:museum@sgh.com.sg).

This activity kit was designed as an educational resource for the refreshed Bowyer Museum Gallery which opens May 2021 at Singapore General Hospital (SGH). SGH marks 200 years of Medicine in Singapore, having evolved from humble origins as a shack that provided simple medical aid at military cantonments in early Singapore from 1821. Bowyer Block was gazetted as a National Monument in 2009, to recognise the contributions of SGH in supporting the public healthcare needs of a nation, seeing through national tragedies and crisis that defined the spirit of its dedication to Singaporeans.

For more on educational programmes and resources, please contact us at [nhb\\_nationalmonuments@nhb.gov.sg](mailto:nhb_nationalmonuments@nhb.gov.sg)

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Board**